#### **April Workshop Summaries**

**1819:** April 6, 2018; 8:45 am – 12:00 N. Registration begins at 8:15 am. (Baton Rouge) Providing Counseling Supportive Services to Clients With Life-Limiting Illness: Therapeutic Techniques and Ethical Considerations.

Presented by Esther M. Sachse, LCSW, BACS-CT, OSW-C and Hilary Tallman, LMSW.

First United Methodist Church, 930 North Blvd, Baton Rouge, LA 70802

In spite of advances in modern medicine, many are struggling with "life limiting" illnesses which may possible shorten a person's life and impair optimal functioning. As the baby boomer ages, the number of individuals coping with "life limiting illnesses" continues to grow. This workshop is designed to help the practitioner identify psychosocial needs of those coping with life limiting illness, discuss effective therapeutic techniques for working with this population, and recognize critical ethical issues that emerge in treating this population. *3.0 Clinical/Ethical hours.* Pre-registration deadline is 3/30/18. Limited to **75 participants.** 

**1820:** April 6, 2018; 1:15 pm - 4:30 pm. Registration begins at 8:15 am. (Baton Rouge)

#### Crisis Intervention.

#### Presented by Robyn Keegan Gilmore, LMSW.

First United Methodist Church, 930 North Blvd, Baton Rouge, LA 70802

This seminar will focus on identifying, assessing and resolving crisis, including as it pertains to high-risk groups like adolescents and young adults. Due to social workers frequent encounters with clients in crisis, this seminar will assist in how to purposefully assist clients in resolving the crisis in a safe and healthy way. During the seminar, participants will go over clinical skills needed to sufficiently address crisis, such as active listening and nonviolent communication skills. *3.0 Clinical hours*. Pre-registration deadline is 3/30/18. Limited to 75 participants.

## **1821:** April 6, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (Covington) Dreamwork: Assessment and Treatment Using the Clients Dreams. Presented by Meda Killgore, LCSW.

#### Covington Behavioral Health, 201 Greenbrier Blvd., Covington, LA 70433

The stories and adventures in dreams are like parables, parables of the soul, images and ideas presented in metaphor and fiction that offer the client an opportunity for insight and direction. Therapists can learn to use the wisdom of the client's dreams to assist with assessment and development of treatment strategies. Workshop attendees will learn the meaning of common dream symbols and will have an opportunity to practice dream interpretation as well as the development of treatment strategies. *6.0 Clinical hours*. Pre-registration deadline is 3/30/18. Limited to 80 participants.

**1822:** April 6, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Shreveport) Understanding What Motivates and Drives Our Supervisee.

#### Presented by Edgar P. Guedry, LCSW-BACS, ACSW, CHPCA, ACHP-SW.

Willis-Knighton Pierremont Health Center, 8001 Youree Dr. 2<sup>nd</sup> Floor Conference Room 203, Shreveport, LA 71118

There are many different personality types that one interacts with in daily life and one key to being an effective social worker is knowing and educating oneself on how to handle our clients. The same principles can be utilized when supervising social workers for their clinical license. Understanding what their main personality makeup is and how they view the world can help one become an effective teacher with a supervisory plan of care established to best benefit the supervisee. This workshop will look at

some various personality types and define each with specific information and also how best to supervise the person with this personality trait. Case scenarios will be given whereby participants will be asked to establish a plan of supervision based on the personality type displayed. *This workshop has been approved* for **3.0 Clinical/Supervision hours** of continuing education and is acceptable for the Board Approved Clinical Supervisor-BACS certification. Pre-registration deadline is 3/30/18. Limited to 27 participants.

### 1823: April 6, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. (Shreveport) What You Should Know About Ethics.

#### Presented by Edgar P. Guedry, LCSW-BACS, ACSW, CHPCA, ACHP-SW.

Willis-Knighton Pierremont Health Center, 8001 Youree Dr. 2<sup>nd</sup> Floor Conference Room 203, Shreveport, LA 71118

This workshop will discuss everyday ethics in the workplace and when dealing with other professionals and situations. Potential ethical dilemmas and boundary issues will be discussed along with case scenarios where participants can add input and viewpoints. Current state regulations and guidelines will be used throughout the workshop and encourage feedback from the audience. Discussion will focus on ways to handle a potential violation of Social Work ethics and seeps one can take to ensure that they are protected. *3.0 Ethical hours*. Pre-registration deadline is 03/30/18. *3.0 Ethical hours*. Limited to 27 participants.

## **1824:** April 6, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Lake Charles) Ethical Considerations When Working with Veterans and Troops.

#### Presented by Angela V. Huval, LCSW, MSW.

*Heritage Square Office Complex, Conference Room, 127 Williamsburg Street, Lake Charles, LA 70605* Counselors and Social Workers need to be aware of potential ethical conflicts between the profession's ethical guidelines and military protocol. This workshop will provide awareness of confidentiality, multiple relationships and cultural competency, as well as ethical models to navigate potential dilemmas with troops and veterans. Approaches for navigating ethical dilemmas will include a military manual approach, stealth approach, and best interest approach. Participants will compare and contrast NASW ethical standards and Military ethical standards. Case studies and role play will be used during this interactive workshop. *3.0 Ethical hours*. Pre-registration deadline is 3/30/18. Limited to 40 participants.

#### **1825:** April 6, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. (Lake Charles) Military Social Work: Evidence Based Treatment with Veterans and Troops. Presented by Angela V. Huval, LCSW, MSW.

*Heritage Square Office Complex, Conference Room, 127 Williamsburg Street, Lake Charles, LA 70605* This seminar will implement into practice evidence based interventions when treating military personnel. It will identify and discuss ethical challenges facing clinicians working with military members and veterans. Participants will learn unique challenges faced by military personnel and families. *3.0 Clinical hours.* Pre-registration deadline is 3/30/18. Limited to 40 participants.

### 1826: April 6, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (New Orleans) Sexual Addiction/Compulsion.

#### Presented by Eddie Windham, LCSW.

Louisiana Department of Children & Family Services. Benson Tower, 1450 Poydras Street, 7<sup>th</sup> Floor, New Orleans, LA 70112

This workshop will provide an understanding of what is sexual addiction, how it affects both the addict and their partner, and cross addiction issues. *6.0 Clinical hours*. Pre-registration deadline is 3/30/18. Limited to 40 participants.

### **1827:** April 6, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Alexandria) Motivational Interviewing Strategies in Clinical Supervision.

#### Presented by Angela Wood, Ph.D., LCSW-BACS, CCS, C-CATODSW.

The Arts Council of Central Louisiana, 1101 4<sup>th</sup> Street, Suite 201, 2<sup>nd</sup> Floor, Class Room F, Alexandria LA 71301

Motivational interviewing is an evidence-based practice developed by William Miller and Stephen Rollnick to explore and resolve ambivalence around behavioral health change by focusing on change talk. This collaborative approach to working with clients also works well within the supervisory relationship. The purpose of this workshop is to help clinical supervisors apply motivational interviewing in supervision as well as reflect on their own strengths and areas for improvement. *3.0 Clinical/Supervision hours.* Pre-registration deadline is 3/30/18. Limited to 25 participants.

### 1828: April 6, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. (Alexandria) PTSD: The Hidden Wounds of Trauma.

#### Presented by Dana Rippy, LCSW-BACS, MSW.

The Arts Council of Central Louisiana, 1101 4<sup>th</sup> Street, Suite 201, 2<sup>nd</sup> Floor, Class Room F, Alexandria LA 71301

In the mental health arena, PTSD is known as the silent killer. It haunts your days and your nights while taking away those things you hold dear and precious, your happiness, motivation, relationships, employment, self-esteem and self-confidence. This workshop will serve to help to understand the depths of this disorder, how it interferes with your life on an intimate level, and provide overview of the evidence based therapies proven to be effective in treatment for this disorder. This provider is certified in Cognitive Processing Therapy, Prolonged Exposure and Cognitive Behavioral Conjoint Therapy and utilizes all three in her practice. *3.0 Clinical hours*. Pre-registration deadline is 3/30/18. Limited to 25 participants.

#### 1829: April 6, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Lafayette)

#### The Incarceration Experience and Collateral Damage.

#### Presented by Amber R. Hebert, LCSW-BACS, MSW.

Vermillion Conference Center, 326 Gauthier Rd., Lafayette, LA 70501

This workshop will cover the phenomenon of mass incarceration in the United States. We will cover the process of incarceration and the criminal justice system as it relates to relevant social work areas. Incarceration impacts the well-being of individuals and has collateral consequences to the family and community. The workshop will cover possible consequences to children of incarcerated parents and how to assist them with coping during parental incarceration and reunification following release. *3.0 General hours*. Pre-registration deadline is 3/30/18. Limited to 45 participants.

# **1830:** April 6, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. (Lafayette) Ethical Practice Considerations Around Complex Spirituality Issues. Presented by Harrell Weathersby, Ph.D., LCSW.

#### Vermillion Conference Center, 326 Gauthier Rd., Lafayette, LA 70501

Participants will practice situations that involve conflict between client beliefs or needs and social work professional's core religious or spiritual beliefs can be problematical. Following brief review of relevant ethical considerations raised in such situations, this workshop offers a Jungian overview of human spirituality as frame of reference for potentially reducing tension these ambiguities present. Latter part of the workshop will consist of group discussion of participants own experiences, resolutions they have found helpful, as well as other observations that may prove helpful. *3.0 Ethical hours*. Pre-registration deadline is 3/30/18 Limited to 45 participants.

#### 1831: April 20, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (Lafayette)

### A New Understanding of Coping and Defense Mechanisms in Clinical Social Work – A Jungian Perspective.

Presented by Linda Kelly Woodruff, Ph.D., BA, DSW, MSW, LCSW-BACS, ACSW.

Vermillion Conference Center, 326 Gauthier Rd., Lafayette, LA 70501

Through lecture, discussion, individual and group exercises, participants will gain a working knowledge, techniques and skills to distinguish between and address coping and defense mechanisms in ethical clinical social work practice. This workshop will be helpful to social workers in both agency and private practice. This workshop will also reflect the philosophy and psychology of C.G. Jung. *6.0 Clinical hours*. Pre-registration deadline is 4/13/18. Limited to 45 participants.

#### 1832: April 27, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Houma)

#### Working With the Victims of Domestic Violence.

#### Presented by Rose M. Daigle, LPC, MA, LMFT, DVC, RT.

#### Terrebonne General Hospital, Medical Atrium Auditorium, 8120 Main St., Houma, LA 70360

This workshop will address the types of abuse and violence that can develop in close interpersonal relationships, including romantic as well as family relationships. Participants will gain a deep understanding of the dynamics that are present within abusive relationships including potential short and long term consequences. The impact of domestic violence on the brain as well as the potential for PTSD will be discussed. Therapeutic techniques to empower victims will be presented. **3.0 Clinical hours**. Pre-registration deadline is 4/20/18. Limited to 75 participants.

### **1833: April 27, 2018; 1:15 pm - 4:30 pm.** Registration begins at 1:00 pm. (Houma) Shadow Talk.

#### Presented by Meda Killgore, LCSW.

Terrebonne General Hospital, Medical Atrium Auditorium, 8120 Main St., Houma, LA 70360

"I don't know what came over me". "I can't believe I said that!" "I swore I'd never be that way!" These types of statements indicate the presence of Shadow. Shadow will NOT be repressed! It will leak into our clients' important relationships and critical moments wreaking havoc until it is recognized and integrated. Participants learn to identify and assist clients in identifying shadow traits while developing treatment strategies designed to integrate shadow aspects. *3.0 Clinical hours*. Pre-registration deadline is 4/20/18. Limited to 75 participants.

### **1834:** April 27, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (New Orleans) Recovery and Restoration From Shame and Guilt.

#### Presented by Linda Kelly Woodruff, Ph.D., BA, DSW, MSW, LCSW-BACS, ACSW.

Louisiana Department of Children & Family Services. Benson Tower, 1450 Poydras Street, 7<sup>th</sup> Floor, New Orleans, LA 70112

Through lecture, discussion and exercises this workshop will address shame as the inner experience of being not wanted, worthless, rejected and cast out. Guilt will be addressed as believing that one has done something(s) bad...shame will be addressed as believing that one is bad. Knowledge, skills and techniques in terms of assessment, planning and intervention, for the social worker to work first on themselves and with clients toward recovery and restoration from shame and guilt will be the focus of this workshop. *6.0 Clinical hours*. Pre-registration deadline is 4/20/18. Limited to 40 participants.

### 1835: April 27, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Monroe) PTSD: The Hidden Wounds of Trauma.

#### Presented by Dana Rippy, LCSW-BACS, MSW.

Children's Coalition for NELA, 117 Hall Street., Monroe, LA 71201

In the mental health arena, PTSD is known as the silent killer. It haunts your days and your nights while taking away those things you hold dear and precious, your happiness, motivation, relationships,

employment, self-esteem and self-confidence. This workshop will serve to help to understand the depths of this disorder, how it interferes with your life on an intimate level, and provide overview of the evidence based therapies proven to be effective in treatment for this disorder. This provider is certified in Cognitive Processing Therapy, Prolonged Exposure and Cognitive Behavioral Conjoint Therapy and utilizes all three in her practice. *3.0 Clinical hours*. Pre-registration deadline is 4/20/18. Limited to 40 participants.

### 1836: April 27, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. (Monroe) Miraculous Psychotherapy!

#### Presented by Gary Tiemann, LCSW.

Children's Coalition for NELA, 117 Hall Street., Monroe, LA 71201

In the newly released book, <u>Miraculous Psychotherapy, Achieve Your Ultimate Happiness With A Course</u> <u>In Miracles</u>, Gary Tiemann shares his integration of the work, <u>A Course In Miracles</u>, (ACIM) in his psychotherapy practice and as well as psychology theory. ACIM is a product of Dr. Helen Schucman, psychologist at Columbia University and her department head and colleague, Dr. Bill Thetford. ACIM is very similar to Buddhism, which is widely used in psychotherapy with such techniques as "Mindfulness Therapy", and offers similar application, and, ACIM may be more effective with our culture with its use of familiar Christian vocabulary. **3.0 Clinical hours**. Pre-registration deadline is 4/20/18. **Limited to 40 participants.** 

1837: April 27, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (Shreveport) Sexual Addiction/Compulsion.

#### Presented by Eddie Windham, LCSW.

Willis-Knighton Pierremont Health Center, 8001 Youree Drive, 2<sup>nd</sup> Floor Conference Room #203, Shreveport, LA 71118

This workshop will provide an understanding of what sexual addiction is, how it affects both the addict and their partner, and cross addiction issues. *6.0 Clinical hours*. Pre-registration deadline is 4/20/18. Limited to 40 participants.

### 1838: April 27, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (Baton Rouge) The Neuroscience of Human Relationships.

#### Presented by Therese "Teri" Groves, LCSW, MSW, ACSW, BCD - 6.0 C.

First United Methodist Church, 930 North Blvd., Baton Rouge, LA 70802

We are in the midst of an extraordinary and exciting paradigm shift. Advances in the fields of neuroscience, traumatic stress, and attachment reveal that it is essential for mental health professionals to have a practical understanding of brain development and knowledge of how our earliest and most significant relationships have served to create and shape our brain/body systems. This presentation seeks to provide participants with user friendly models for understanding brain development and creative ways to apply neurodevelopmental concepts into everyday practice. *6.0 Clinical hours*. Pre-registration deadline is 4/20/18. Limited to 75 participants.